these character traits didn't cause problems in syndicalist organizations—indeed, in organizations of any type, including the most informal.

Still, the situation is far from hopeless. A high degree of personal awareness among participants can reduce the dangers of organizationitis and bureaucratiization. As well, there are many procedural devices which are very effective at reducing such problems; these include decentralization, mandatory rotation of offices, term limitations, strict delimitation of responsibilities, and immediate recallability. With such safeguards, participation in common projects of self-liberation is more than feasible; it's desirable.

The world can only be turned right side up by the conscious collective activity of those who construct a theory of why it is upside down. Spontaneous rebellion alone is not sufficient. Without adequate advance preparation, the old world will simply reappear after any rebellion, embedded as it is in the psyches of the fabled "people." An authentic revolution can only occur if there is a coherent and practical mass movement of self-conscious individuals in which all of the mystifications of the past are being consciously swept away.

---

This booklet is for people who are dissatisfied with their lives. If you are happy with your present existence, we have no argument with you. However, if you are tired of waiting for your life to change...

Tired of waiting for authentic community, love and adventure...
Tired of waiting for the end of money and forced work...
Tired of looking for new pastimes to pass the time...
Tired of waiting for a lush, rich existence...
Tired of waiting for a situation in which you can realise all your desires...
Tired of waiting for the end of all authorities, alienations, ideologies and moralities...

...then we think you'll find what follows to be quite handy.
Introduction

This essay was originally published in the United States in 1975 by The Spectacle under the title "Self-Theory: the pleasure of thinking for yourself." An extensively revised edition was published in London in 1985 by Spectacular Times under the title "Revolutionary self-help: a beginner's manual," and it has appeared twice since then in American periodicals under the title "Revolutionary Self-Theory"; in 1989 it was published in a slightly revised edition by OVO, and in 1992 in a further revised edition by No Longer Silent (NLS). This edition is an extensively rewritten and somewhat expanded version of the text which appeared in NLS.

As the editor of No Longer Silent commented, "...at this point it's fair to say that 'RST' has been penned by multiple authors, which is as it should be. Hopefully this trend will continue as future editions of this text appear. After all, the propaganda, literature, and so forth that we produce should not be considered as immutable tomes, determining the language and boundaries within which we are expected to interpret our experiences, but rather as fluid and alterable, reflecting our experience of reality as we are."

This is entirely in keeping with the sentiments of the previous authors/editors who stated, "...the ideological supermarket—like any supermarket—is fit only for looting. It is more productive for us if we move along the shelves, rip open the packets, take out what looks authentic and useful, and dump the rest."

Published by See Sharp Press, P.O. Box 1731, Tucson, AZ 85702. This material is not copyrighted. Please feel free to reproduce it.
THE REVOLUTIONARY PLEASURE OF THINKING FOR YOURSELF

But perhaps the most critical weakness of situationism is that it offers no coherent method for "getting from here to there," that is, from "the society of the spectacle" to the free society.

Having said this, it should be added that the great virtue of the situationist writers was that they presented their insights in a more or less coherent manner and expounded upon them at length. (The qualifier "more or less" is used due to the very low quality, stylistically, of almost all situationist texts.) At its best, situationist theory offered a critique of "spectacular" society, that is, society in which people are reduced to the level of passive observers and consumers rather than active participants. It made an extensive critique of how both ideology and commodification turn people into passive, alienated observers of their own lives. Thus, situationist theory is a body of critical thought which can be incorporated into one's own self-theory—but nothing more. Anything more—the unquestioning acceptance of situationist theories and the identification of oneself with those theories—is the ideological misappropriation known as situationism. Situationism can be quite the complete survival ideology, a defense against the wear and tear of daily life. And included in the ideology is the spectacular role of being a "situationist," that is, a radical jade and ardent esoteric.

The other body of ideas which bears a great deal of resemblance to revolutionary self-theory is, to use the term broadly, syndicalism. Variants include anarcho-syndicalism, revolutionary syndicalism, and council communism, with anarcho-syndicalism being the most important of the three.

Real self-management is the direct management (without any separate leadership) of social production, distribution, and communication by workers and their communities. The movement for self-management has appeared again and again all over the world in the course of social revolution: Russia in 1905 and 1917-1921; Spain in 1936-1939; Hungary in 1956; Algeria in 1960; Chile in 1972; and Portugal in 1975. The form of organization most often created in the practice of self-management has been workers' councils: sovereign assemblies of producers and neighbors that elect delegates to coordinate their activities. The delegates are not representatives, but carry out decisions already made by their assemblies. Delegates can be recalled at any time should the general assembly feel that its decisions are not being rigorously carried out. Partisans of all of the above-mentioned forms of syndicalism advocate such practices.

The great virtues of syndicalism are, first, that it seeks to destroy all coercive authority as well as the commodity (i.e., capitalist) economy. Second, it does provide a practical means of "getting from here to there." And third, it recognizes that the one essential function of social organization is to provide the economic base—production and distribu-
The Revolutionary Pleasure of Thinking for Yourself

In the process of constructing self-theory, the last theories that must be dealt with (one hesitates to call them "ideologies," as they are not based in abstractions with their accompanying "shoulds" and "duties") are the ones that have the most resemblance to revolutionary self-theory. These are situationism and syndicalism.

The Situationist International (1958-1971) was an organization of theoretically oriented, ultra-left, European (especially French) Marxists. Many believe, as did the original author(s) of this essay, that the situationists "made an immense contribution to revolutionary theory." That evaluation is, however, overly generous. Virtually all of the key insights attributed to situationist writers can be found in the works of earlier anarchists, social democrats, and philosophers such as Alexander Berkman, Emma Goldman, Oscar Wilde, George Bernard Shaw, Wilhelm Reich and Friedrich Nietzsche (though the insights in question were scattered and often were not developed with the rigor found in the better situationist texts). The primary reason that this is not widely recognized is that most of the early situationists and their followers came from marxist backgrounds and were simply not familiar with the vast body of non-marxist progressive writings produced in prior decades; and the younger situationist followers often have had very little in the way of political experience and are as unfamiliar with early progressive literature as were their marxist predecessors.

A secondary reason for the overestimation of the importance of the situationists is that situationism is a French ideology utilizing an arcane marxist-derived jargon ("poverty of...", "society of the spectacle," "refification," "dialectical," etc., etc.); as well, virtually all situationist texts are written in a very difficult to follow, jargon-ridden, muddy style—which makes them inaccessible to most people. Thus, situationism has a great deal of snob appeal for those with intellectual pretensions. Once you've mastered the jargon and read (or claim to have read) the key (one is tempted to say "sacred") texts, you certainly at least appear to be an intellectual. Thus it's not surprising that "situational" poseurs, attached as they are to their "situationist" roles and "intellectual" pretensions, often have little regard for truth and regard decent human behavior as "bourgeois"; it follows, then, that in political controversies they often resort to deliberate distortions, fabrications, and ad hominem attacks upon those who have the temerity to criticize their ideas. (Some, incredibly, have even used the slogan, "the personal is political," as an excuse for scurrilous personal attacks.) The destructive—and ultimately self-defeating—effects of these vicious tactics are so obvious as to need no further comment.
we need a critique of the totality of daily existence from the perspective of the totality of our desires.

Opposed to this project are all the politicians and bureaucrats, preachers and gurus, city planners and policemen, reformers and leninists, central committees and censors, corporate managers and union honchos, male supremacists and feminist ideologues, landlords and eco-capitalists who work to subordinate individual desires to that hideous abstraction, "the common good," of which they are the supposed guardians. They are all forces of the old world—bosses, priests, and other creeps who have something to lose if people extend the game of seizing back their minds into seizing back their lives.

Revolutionary theory and abstraction-based ideologies are enemies, and every politically conscious person knows it.

By now it should be obvious that self-demystification and the creation of our own revolutionary theory do not eradicate our alienation; "the world," with its capitalist economic relations permeating every aspect of life, goes on and is reproduced every day with the acquiescence and assistance of billions of people.

Although this text has the creation of self-theory as its focus, we do not mean to imply that revolutionary theory can exist separately from revolutionary practice. In order to be consequential, to effectively reconstruct the world, practice must be based in theory, and theory must be realized in practice. The revolutionary project of ending alienation and transforming social relations requires that one's theory be nothing other than a theory of practice, realized in what we do and how we live. Otherwise theory will degenerate into an impotent contemplation of the world, and ultimately into a survival mechanism—an intellectual armor that acts as a buffer between the daily world and oneself. And if revolutionary practice is not the practice of revolutionary theory, it degenerates into, at best, altruistic militanism—"revolutionary" activity as one's social duty or role. At worst, it degenerates into pure gangsterism.

We don't strive for a coherent theory purely as an end in itself. For us, the value of coherency is that it makes it easier to think critically and effectively. For example, it's easier to understand future developments in social control if you have a coherent understanding of present-day social control ideologies and techniques.

Having a coherent theory makes it easier to put into practice your strategy for realizing your desires.

Any system of ideas with an abstraction at its center—an abstraction which assigns you a role or duties—is an ideology. An ideology provides those who accept it with a false consciousness, a necessary component of which is other-directedness. This leads those who accept the ideology to behave as "objects" rather than "subjects," to allow themselves to be used rather than to act to attain their own desires. The various ideologies are all structured around different abstractions, yet all serve the interests of a dominant (or aspiring dominant) class by giving individuals (though the term hardly seems appropriate—"members of the herd" is perhaps more accurate) a sense of purpose in sacrifice, suffering, and submission.

Religious ideology is the oldest example: the fantastic projection called "God" is the Supreme Subject of the cosmos, acting on every human being as "His" object.

In the "scientific" and "democratic" ideologies of "free enterprise," capital investment is the "productive" subject directing world history—the "invisible hand" guiding human development. In order to prosper, the early capitalists had to attack and weaken the power that religious ideology once held. They exposed the mystification of the religious world and replaced it with the mystification of technology and commodity capitalism, wherein Profit becomes the Supreme Subject of the cosmos.

The 57 varieties of leninism are "revolutionary" ideologies in which the Party is the rightful subject entitled to dictate world history by leading its object—you, the proletariat—to the promised land through replacement of the corporate-capitalist "free enterprise" apparatus with a state-capitalist leninist apparatus.

The many other varieties of dominant ideologies can be seen daily. The new forms of religious mysticism help to preserve the status quo in a round about way. They provide a cheap and tidy way to obscure the vacuousness of daily life and, like drugs, make it easier to live, or rather exist, with this emptiness—and so prevent us from recognizing our real roles in the functioning of the socio-economic system.

All of these ideologies differ in the specific sacrifices they demand of you, the object, but all are structured in the same way. All demand an inversion of subject and object; things, abstractions, take on the human attributes of power and will, while human beings become things, tools to be used in the service of these abstractions (God, the dictatorship of the proletariat, the fatherland, etc., etc.). Ideology is upside down self-theory. It fosters acceptance of the separation of our narrow, daily lives from a world that appears totally beyond our control. Ideology offers us only a voyeur's relationship with the life of the world.
THE REVOLUTIONARY PLEASURE OF THINKING FOR YOURSELF

All abstraction-based ideologies demand duty, sacrifice for the cause; and every such ideology serves to protect the dominant social order. Authorities whose power depends upon docility must deny us our subjectivity, our conscience will to act for our own desires. Such denial comes in the form of demands for sacrifices for "the common good," "the national interest," "the war effort," "the revolution," ....

We rid ourselves of the blinder of ideology by constantly asking ourselves: How do I feel? How's my life? What do I want? Am I getting what I want? If not, why not? This is being conscious of the commonplace, being aware of your everyday routine. That real life exists—life in which you are active, a subject acting to achieve your desires—is a public secret that becomes less secret every day, as the breakdown of daily life constructed around abstraction-based ideologies becomes more and more obvious.

The creation of self-theory is based on thinking for yourself, on being fully conscious of your desires and of their validity. Authentic "consciousness raising" can only be the "raising" of people's thinking to the level of positive (non-guilty) self-consciousness, free of imposed morality in all its forms. This type of consciousness can be termed "radical subjectivity."

Conversely, what many leftists, therapy mongers, racism awareness trainers, and sistereizers term "consciousness raising" is the practice of beating people into unconsciousness with guilt-inducing, ideological billyclubs.

The path from self-negation to self-affirmation passes through point zero, the capital city of nihilism. This is the windswept still point in social space and time, the social limbo in which one recognizes that there is no real life in one's daily existence. A nihilist knows the difference between surviving and living.

Nihilists reverse their perspectives on their lives and the world. Nothing is true for them but their desires, their will to be. They reject all ideology in their hatred for the miserable social relations in modern society. From this reversed perspective they clearly see the upside-down world of commodity capitalism in which subject and object are inverted, and people and abstract concepts are converted into things, commodities to be sold. They see daily life as a theatrical landscape in which "everyone has their price," God (via televangelism) and happiness (smile buttons) become commodities, radio stations say they love you, and detergents have compassion for your hands.

Any journey toward self-demystification must avoid the twin quagmires of absolutism and cynicism. Absolutism is the total acceptance or rejection of all components of particular ideologies, or indeed, of any set of ideas or concepts. An absolutist cannot see any choice other than complete acceptance or complete rejection; s/he sees things purely as good or bad, black or white. The absolutist wanders along the shelves of the ideological supermarket looking for the ideal commodity, and then buys it lock, stock and barrel. But the ideological supermarket—like any supermarket—is fit only for looting. It is of more practical use to us to move along the shelves, rip open the packets, take out what looks authentic and useful, and dump the rest.

Cynicism is a reaction to a world dominated by ideology and "morality." Faced with conflicting ideologies, the cynic says, "A plague on both your houses." The cynic is as much a consumer as the absolutist, but one who has given up hope of finding the ideal commodity.

The process of constructive thinking is a process of continually adding to and modifying one's current body of self-theory as well as resolving contradictions between one's new thoughts and perceptions and one's previous beliefs. The resulting synthesis is thus more than the sum of its parts.

This synthetic method of constructing a theory is counter to the eclectic method in which one collects a rag bag of favorite bits from favorite ideologies without ever confronting the resulting contradictions. Modern examples include "anarcho-capitalism," "christian marxism," and liberalism in general.

If we are continually conscious of how we want to live, we can critically appropriate from anything: ideologies, culture critics, technocratic experts, sociological studies, even mystics (though the pickings will probably be slim). All the rubbish of the old world can be scavenged for useful material by those who want to reconstruct it.

The nature of modern society, unified globally through its capitalist economic system, makes necessary a self-theory which criticizes all areas in which socio-economic domination exists (i.e., both the corporate capitalism of the "free" world and the state capitalism of the "communist" world) as well as all forms of alienation (sexual poverty, enforced participation in the rat race for survival, etc.). In other words,
present is locked up in the frustrated creativity of these millions of workers, held back by obsolete and exhausting methods of production, strangled by lack of control over their own productivity, warped by the insane rationale of capital-accumulation which pits one against all and makes life a mad scramble for economic survival. Here we begin to discover a real social identity—in people all over the world who are fighting to win control over their own lives we find ourselves.

Those who have a vested interest in the political and economic status quo continually present us with false choices, that is, with choices which preserve their power (“Vote Democratic!”/“Vote Republican!”—“But Vote!”). We are constantly being asked to choose sides in false conflicts. Governments, corporations, political parties, and propagandists of all kinds constantly present us with “choices” that are no choice at all. We are given the illusion of choice, but as long as those in power control what our “choices” will be (“choices” which we perceive as the only alternatives available to us), they will also control the outcome of our “decisions.”

The new moralists love to tell those of us in the rich West how we will “have to make sacrifices,” how we “exploit the starving children of the Third World.” The choice we are given is between sacrificial altruism or narrow individualism. (Charities cash in on the resulting guilt.) Yes, by living in the rich, wasteful West we do exploit the poor of the Third World—but not personally, not deliberately. We can make some changes in our lives, boycott, make sacrifices, but the effects are marginal. We become aware of the false conflict with which we’ve been presented when we realize that under the global socio-economic system we, as individuals, are locked into our roles as “exploitors” just as others are locked into their global roles as the exploited. We have a role, but little power to change it—at least individually. Therefore, we reject the false choice of “sacrifice or selfishness” by calling for the destruction of the global social system whose existence forces that decision upon us. Tinkering with the system, or offering token sacrifices, or calling for “a little less selfishness,” simply won’t do. Charities and reformers never go beyond such false choices as “sacrifice” or “selfishness”—but if any true social progress is to be made, the rest of us must do so.

Those in power continually use such falsifications to divert and disempower us. By spreading myths like, “If we shared it all there wouldn’t be enough to go around,” they attempt to deny the existence of any real choices and to hide from us the fact that the material preconditions for social revolution already exist.

Daily conversation offers sedatives such as, “You can’t always get what you want,” “Life has its ups and downs,” and other cliches of the secular religion of survival. “Common sense” is just the non-sense of common alienation. Every day people are denied (and deny themselves) an authentic life and are sold back its representation.

Nihilists constantly feel the urge to destroy the system which destroys them. They cannot go on living as they are. Soon, most realize that they must devise a coherent set of tactics in order to transform the world.

But if a nihilist does not recognize the possibility for the transformation of the world, his or her subjective rage will ossify into a role: the suicide, the solitary murderer, the street hoodlum-vaud, the neodadaist, the professional mental patient...all seeking compensation for a life of dead time.

The nihilists’ mistake is that they do not realize that there are other nihilists with whom they can work. Consequently, they assume that participation in a collective project of self-realization is impossible.

This project of collective self-realization, the changing of life itself through the transformation of social relations, can properly be termed “politics.” Politics, however, also signifies a mystified, separate category of human activity, an isolated interest with its own specialists—politicians, political consultants, etc. It is possible to be interested (or not) in this type of politics just as it is possible to be interested (or not) in football, stamp collecting, music, or fashion. What people see as “politics” today is the social falsification of the project of collective self-realization; it has become a spectacle and a parody. And that suits those in power just fine.

Authentic collective self-realization is the revolutionary project. It is the collective transformation of social relations and the natural world according to the desires of all participants.

Similarly, “therapy” at present usually refers to attempts to “help” individuals “adjust” to their restrictive social roles and to the banality of daily life. Authentic therapy involves changing one’s own life by changing the nature of social life. Therapy must be social if it is to be of any real consequence. Social therapy (the healing of society) and individual therapy (the healing of the individual) are linked together: each requires the other, each is a necessary part of the other.

For example, in present day society we are expected to repress our real feelings and play a role. This is called “playing a part in society” (how revealing that phrase is). Individuals put on “character armor”—a steel-like suit comprised of role playing, posing, and concealing one’s desires as a defense against other individuals. Transforming social
relations and surpassing the role-playing game requires the conscious
decision of most if not all individuals to shed these roles and truly
communicate; therefore, the end of individual role playing is directly
related to the end of social role playing.

To think actively, critically, is to make your life—as it is now, and as
you want it to be—the center of your thinking. This positive
self-centering is accomplished by a continuous assault on externals, on
the false issues (“support our troops”), false conflicts (e.g., those arising
from notions of racial “superiority”), false identities (“American,”
“patriot,” “Catholic,” “white Christian”), and false dichotomies
(“economic survival” versus “a clean environment”) which permeate
social life.

People are kept from analyzing the basic nature, the totality, of
everyday life by the media focus—including “consumer” surveys and
public opinion polls—on mere details: the spectacular trifles, the phony
controversies, and ridiculous scandals. Are you for or against trade
unions, cruise missiles, identity cards? What’s your opinion of soft
drugs, jogging, UFOs, progressive taxation, Michael Jackson’s latest
nose job, the royal family’s sexual relations?

These are diversions, false issues. The only issue for us is how we live.

There’s an old Jewish saying, “If you have only two alternatives, then
choose the third.” It impels people to search for new perspectives. We
can see the artificiality of false dichotomies by searching for that “third
choice.”

Being conscious that there is a third choice allows us to refuse to choose
between two supposedly opposite, but equally repulsive, possibilities which are presented to us as the only possible choices. In its
simplest form, this “third choice” consciousness is expressed by the
person brought to trial for armed robbery and is asked, “Do you plead
guilty or not guilty?” “I’m hungry and unemployed,” she replies. A
more theoretical, but equally classic, illustration of this consciousness is
the refusal to choose between the corporate-capitalist ruling classes of
the West and the state-capitalist ruling classes of what’s left of the
Eastern bloc. All we need to do is to look at the basic social relations
and production in the USA and Europe on the one hand, and China, North
Korea, and Cuba on the other, to see that they are essentially the same:
over there, as here, the vast majority work for a wage or salary in
exchange for giving up control over their life’s work, control over both
what they produce and how they produce it. And, of course, what they
produce in both East and West is then sold back to them as commodities.

In the West, the surplus value, or the value produced over and above
the value of the workers’ wages, is the property of the corporate
management and stockholders, who keep up a show of domestic
competition. In the East, the surplus value is the property of the state
bureaucracy, which does not permit domestic competition. Big difference.

Like the false issues and false conflicts cited above, false questions are
used to distract us from living in the present, from seeing the totality
of existence. One example is the stupid conversational question, “What’s
your philosophy of life?” It poses an abstract concept of “life” that has
nothing to do with real life because it ignores the fact that “living” is
exactly what we are doing at the present moment, and our “philosophy
of life” is clearly revealed by our actions.

False identities are perhaps an even more potent form of mystification.
In the absence of real community, people cling to all kinds of
phony social identities—they contemplate and attempt to emulate a huge
variety of roles presented to them in school, church, and, especially, the
“entertainment” media. These social identities can be ethnic (“Italian-
American”), residential (“New Yorker”), nationalistic (“patriot”),
sexual (“gay”), cultural (“Giants fan”), and so on; but all are rooted in
a common desire for affiliation, for belonging.

Obviously being “black” is a much more real identification than being
a “Giants fan,” but beyond a certain point, such an identification only
serves to mask one’s real position in society; and in order to recognize
that real position, you have to reject the false identities, false conflicts,
and false dichotomies, and begin with yourself as the center. From there
you can examine the material basis of your life, stripped of mystification.

An example: Suppose that you want a cup of coffee from the vending
machine at work. First, there is the cup of coffee itself: that involves
the workers on the coffee plantation, the ones on the sugar plantation and in
the refineries, the ones in the paper mill, and so on. Then you have the
workers who made the different parts of the vending machine and
the ones who assembled it. Then the ones who extracted the iron ore and
bauxite, smelted the steel, and worked for the electric utility which supplies
power to the machine. Then all the workers who transported the coffee,
cups, and machine. Then the clerks, typists, and communication workers
who coordinated the production and transportation. Finally, you have
all the workers who produced all the other things necessary for the other
ones to survive. That gives you a direct material relationship to several
million people, in fact, to the immense majority of the world’s
population. They produce your life, and you help to produce theirs. In
this light, all artificial group identities and special group interests fade
into insignificance. Imagine the potential enrichment of your life that at